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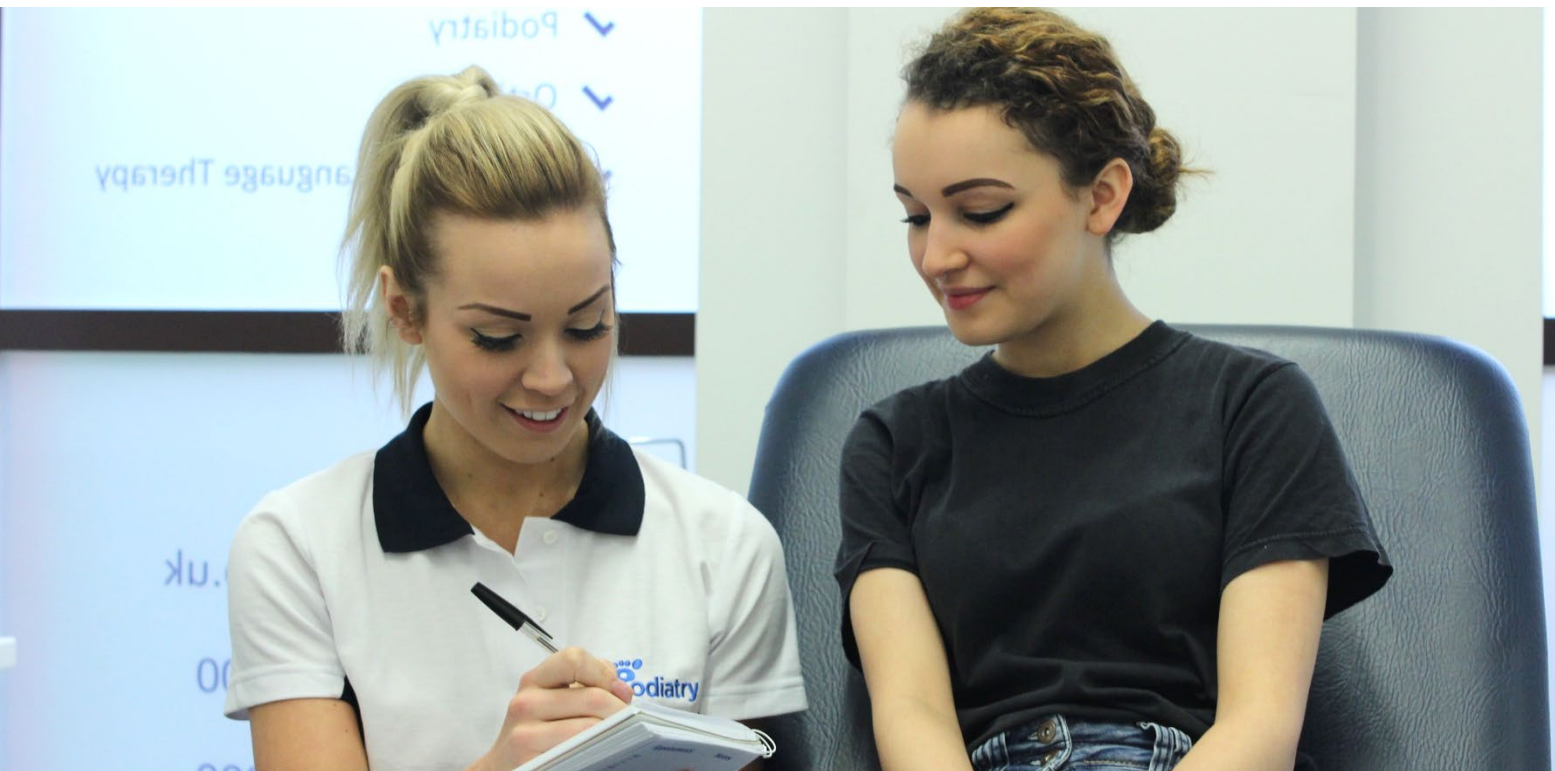
Verruca Needling

What is it?

Verruca needling is a minor surgical procedure used for the treatment for stubborn or problematic verruca. The theory behind the method of this procedure is that when the verruca is punctured with a needle, this then pushes the viral particles deeper into the tissues, which can stimulate an immune response. The procedure is usually performed once, but can be performed a second time if the lesion has not cleared.

There was little evidence backing this procedure until recently. The most recent published paper regarding this procedure advised that 69% - 31 out of 45 patients reported complete clearance at their review.

No one procedure has proven to be 100% effective for the resolution for verruca, the growing body of evidence is gradually proving needling has higher clearance rates than other standardised verruca treatments such as acids and freezing, in addition, verruca needling often only involves one treatment





We always put patients at the
centre of everything we do



Who is it suitable for?

Those with long standing, stubborn, or painful verrucae. Contraindications for these procedures include, uncontrolled diabetes, those with poor lower limb circulation, people on certain medications and those who may have needle phobia. If you have multiple verruca often only the largest is targeted.

This type of procedure is not indicated in children, as previous papers have shown that there is a high chance of spontaneous resolution of verruca within this population.

What can I expect?

Firstly, you will need a thorough assessment, where your podiatrist will discuss the procedure, and all the risk and benefits with you in detail. If it is agreed that the procedure is suitable for you, the needling procedure will then be booked at a suitable date.

During the procedure, firstly, a local anesthetic is injected to numb the area of the verruca to be treated, the procedure will be pain free following this. The area is cleaned and then a plain needle is used to puncture the lesion multiple times until no resistance is felt. The area is cleaned and dressed with a sterile dressing and padding to offload the area.

Aftercare advice will be reiterated to you and you will be asked to return for a review where the lesion will be re-examined. Postoperative pain tends to be mild, if any, and some bruising or swelling may be experienced.

Prices

- Assessment - £55.00
- Verruca Needling - £242.50
- Follow up appointment - free

To arrange an assessment please e-mail office@chiropody.co.uk
or call 0330 088 4222.

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