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# Corn Treatment

## What is it?

A corn is a localised pinpoint area of thickened hard skin, they occur at areas of increased pressure on the foot and are often painful. This pressure is usually caused either by the foot structure or footwear. It may feel as if you have a small stone or piece of glass in the foot and appear as a small round lump.

## Who is suitable for?

Corn treatment with a podiatrist is suitable for anyone who has a corn. It is not advisable to attempt to treat corns yourself at home as this often exacerbates the problem.





We always put patients at the  
centre of everything we do

## What can I expect?

The majority of corns can be treated in the initial appointment. The overlying hard skin is reduced, then the corn is removed with a scalpel. For most people this procedure is painless, but for some severe corns may be uncomfortable to remove, in both cases it is not uncommon for the lesion to bleed slightly after it has been removed.

In the rare case that a corn is too painful and unable to be removed at the initial appointment, your podiatrist will see you back for a further appointment after giving thorough advice on what to do in between.

Depending on the cause, your podiatrist will give you advice regarding padding, insoles, orthotics or appliances for the feet to be worn easily in your shoes, which can provide long term relief.

As corns are usually caused by foot structure and footwear, there is a risk of recurrence. How quickly the corn may return depends on a variety of factors, your podiatrist will discuss in detail how you can reduce this risk at your appointment.

For severely painful, recurrent corns, which do not improve through conservative measures, there may be surgical options that can treat the underlying cause. If indicated, your podiatrist will discuss this with you.

## Prices

- Assessment - £55.00
- Treatment - £55.00

To arrange an assessment please e-mail [office@chirpody.co.uk](mailto:office@chirpody.co.uk)  
or call 0330 088 4222.

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