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# Toenail Reconstruction

## What is it?

Toenail reconstruction is a procedure used within podiatry to build a new toenail when the original nail is damaged, unsightly or lost following injury or surgery. The reconstructed nail is flexible, and can be filed and painted as you would a natural nail. Just avoid nail polish removers containing acetone as this can denature the resin.

## Who is it suitable for?

Anyone who feels they would like a cosmetic improvement to their existing nail. Nail reconstruction is suitable for:

- Fungal nail infections
- Cracked / split nails
- Trauma nail resulting in a permanently disfigured nail plate
- Stunted nail growth
- Damaged nail following nail surgery
- Thickened and unsightly nails
- Nail discolouration

Please be aware, although nail reconstruction can be performed on those who have no nail at all following injury or trauma, it is unlikely that the reconstruction will last longer than a day. This is due to the natural oil secretions/skin shedding process of the nail bed (the skin under the nail) hypo-allergenic nail glue can be used to reapply the reconstructed nail to the nail bed as and when required.



Before



After



Before



After



We always put patients at the  
centre of everything we do

## How long does it last?

It is advised that the nail is removed after 6-8 weeks. The nail can be removed at the clinic with a nail drill or it can be soaked off at home with acetone. It is advisable to leave the natural nail a couple of weeks before having it reapplied.

## What is the aftercare advice?

To prevent premature lifting of the nail, it is advisable to avoid shoes which are narrow or pointy around the toe area and heels. Creams/lotions should be avoided around the nail, and the extended exposures in water, such as jacuzzi's or saunas.



Before

After



We provide immediate access to  
specialist podiatry services



## Prices

NAIL RECONSTRUCTION PRICES	
Assessment	£55.00
Nail Reconstruction 1 toe	£58.00
Nail Reconstruction 2 toes	£84.00
Nail Reconstruction 10 toes	£110.00

An assessment is necessary before undergoing nail reconstruction, to ensure the treatment is suitable and give advice accordingly. If it is, during the session the nail plate will be prepared for the treatment, which will be performed at another date.

To arrange an appointment for nail surgery please e-mail [office@chirobody.co.uk](mailto:office@chirobody.co.uk) or call 0330 088 4222.

Save £5 by [booking an appointment online.](#)